

## Section 3

# THE TRANSPERSONAL, TRANSFORMATION AND BIOENERGETIC HEALING

### ABSTRACT

In this section, we present the Greens' and other's ideas pertaining to transpersonal psychology and bioenergetic healing, philosophical understandings of the process of human development as well as the relationship of humankind to the multi-leveled world that surrounds us and that wells up within us. Particular states of consciousness are defined and are later used to describe experiences of meditators in the "Copper Wall" laboratory environment. Methods for programming the unconscious are detailed. These methods are practically useful in relation to problem-solving and to health and healing.

Next we are led to examine these ideas further through the medium of alpha-theta neurofeedback, an instrumental form of meditation. Consideration is given to mechanisms underlying the role of the unconscious in problem-solving in "The I Ching Effect." Two seminal papers present physical results from the Copper Wall laboratory including static electrical field effects and interaction between magnetic fields and gender.

Selections from two papers deal with aspects of bioenergetic healing. Finally, selections from two relevant Presidential Addresses to ISSSEEM including that of Dr. Green conclude this meaningful perspective.

**KEYWORDS:** Transpersonal, transformation, bioenergy