Hand, Foot and Mouth Disease (HFMD): Prevalence and its Spatial Relationship with Vaccine Refusal Cases in Terengganu, Malaysia

Said, Z. M.,¹ Chen, X. W.,² Aziz, W. A. A. A.,³ Wahab, A.⁴ and Musa, K. I.^{1*}

¹Department of Community Medicine, School of Medical Sciences, Health Campus, Universiti Sains Malaysia, He alth Campus, 16150 Kubang Kerian, Kelantan, Malaysia

E-mail: zarudinmatsaid@gmail.com, drkamarul@usm.my

²Department of Public Health Medicine, Faculty of Medicine, Universiti Teknologi MARA, Sungai Buloh Campus, Jalan Hospital, 47000 Sungai Buloh, Selangor, Malaysia, E-mail: drchenxw@uitm.edu.my ³Kota Bharu District Health Office, Jalan Doktor, Bandar Kota Bharu, 15000 Kota Bharu, Kelantan, Malaysia, E-mail: wiraalfatah@gmail.com

⁴Communicable Disease Control and Prevention Unit, Terengganu State Health Department, 20920 Kuala Terengganu, Terengganu, Malaysia, E-mail: azmani@moh.gov.my

*Correspondence Author

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Abstract

Hand, foot and mouth disease (HFMD) is a global public health problem with pandemic potential. The progressive increment of HFMD cases in Malaysia needs further investigation to identify the pattern of disease spread, including its proximity to vaccine refusal. We sought to estimate the prevalence of HFMD in Terengganu and determine the spatial relationship between HFMD and vaccine refusal cases. This study employed data from the national electronic communicable disease notification system and vaccine refusal database maintained by the Communicable Disease Control (CDC) Unit and Maternal and Child Health Care (MCH) Unit. Data from all cases recorded in 2016 were provided by the Terengganu State Health Department, Malaysia. The number of HFMD cases for each district was estimated using the points-inpolygons function in R software. The spatial relationship between HFMD cases and vaccine refusal cases was tested using the cross K-function test. A total of 811 HFMD cases was notified in 2016, with the overall prevalence at 80.2 cases per 100,000 population. Among all districts in Terengganu, the prevalence of HFMD ranged from 19.2 to 230.9 cases per 100,000 population, with the cases highly concentrated in three districts: Kuala Terengganu, Marang, and Dungun. There was evidence of a spatial cluster of HFMD cases based on the Nearest Neighbour Index, r = 0.27 (p-value < 0.01). Moreover, the locations of HFMD cases were statistically and closely related to the areas of vaccine refusal cases (cross K test, p-value < 0.010). The prevalence of HFMD from year to year was high. HFMD cases and vaccine refusal cases formed clusters in the districts with a high-density population. The proximity of HFMD cases and vaccine refusal cases in Terengganu warrants further investigation.

1. Introduction

Hand, foot, and mouth disease (HFMD) is a common childhood illness caused by various enteroviruses (Xing et al., 2014). A person is most contagious during the first week of the disease, and most of the outbreaks are often found in nurseries, playgroups, schools, and households where young children have lots of close contact with one another (Chang et al., 2011). Outbreaks of HFMD have been reported in countries of the Western Pacific Region and South-East Asia, including Malaysia, and the cases are increasing every year (Charoenchokpanit and Pumpaibool, 2013). The average incidence rate

of HFMD in Malaysia for the year 2000 to 2008 was 25.0 ranged from 1.5 to 60.6 per 100,000 population (Chang et al., 2011). Furthermore, local statistics reported an increment of 347.33% in the HFMD cases, from 7,002 to 31,322 cases in 2011 and 2014, respectively, highlighting the rapid increment in most of the states in Malaysia (MOH, 2016). However, from our extensive search, no study has yielded the latest prevalence of HFMD in Malaysia. It was reported that the population density significantly affects the risk for HFMD events. This includes the population of the states or districts and

the population density among the household (Huang et al., 2014). The household setting, schools, and communities play essential roles in transmitting HFMD (Chang et al., 2004). The climate factors and the child population density, population immunity, and environmental hygiene contribute to the occurrence, transmission, and spread of HFMD (Hu et al., 2012).

Furthermore, a recent nationwide study highlighted that the overall immunisation coverage of 86.4% in Malaysia was unsatisfactory (Lim et al., 2017), and vaccine refusal was one of the determinants of low immunisation coverage in Malaysia (Ahmad et al., 2017). Vaccine refusal refers to the individuals who had refused some or all vaccines scheduled in the Malavsia National Immunization Programme (Lim et al., 2016). There is an increasing number of vaccine refusal, and hesitancy worldwide, including Malaysia, wherein the number of parents who refused to get their children vaccinated has almost increased three-fold, from 637 cases in 2013 to 1054 cases in the middle of the year 2015 (Ahmad et al., 2017). Terengganu reported the second-highest number of unimmunised children (233 cases) in Malaysia (MOH, 2018).

The utilisation of a geographic information system (GIS) has not been extensively used in public health research (including that of HFMD) in Malaysia. We found only a single study on HFMD using GIS in 2012, in which they gathered data from 11 districts of Sarawak (Sham et al., 2014). Their findings on the spatial distribution and analyses were used to facilitate public health team responses upon HFMD outbreaks (Sham et al., 2014).

Therefore, we aimed to use the national surveillance data from the Ministry of Health Malaysia to estimate the overall, sex-, age-, and district-specific prevalence of HFMD cases in Terengganu. We also sought to estimate the density of HFMD and vaccine refusal case distribution, subsequently determine their spatial relationship.

2. Methods

2.1 Study Area

Terengganu is a state of Malaysia located in the East of Peninsular Malaysia and bounded to Kelantan in the north and northwest; the South China Sea in the east; and Pahang in the south and southwest. The state has a total area of 12,959 km² with a total population of 1,011,363 based on the Population and Housing Census 2010, Department of Statistics Malaysia (Brinkhoff, 2018). Terengganu has eight administrative districts, including Besut, Dungun, Hulu Terengganu, Kemaman, Kuala Nerus, Kuala Terengganu, Marang and Setiu. The ethnic composition of Terengganu shows that 97% of the population is Malay and Bumiputera, 2.6% is Chinese, 0.2% is Indian, and 0.1% represents the others. The age distribution shows that the 0-14 years-old group comprises 32.3% of the total population. This is followed by the 15-64 years-old group (62.8%) and the elderly (aged 65 years and above) comprises 4.9% of the total population (Brinkhoff, 2018).

2.2 Data Sources and Case Ascertainment

In this study, we employed two data sources, 1) the notified HFMD cases made available from the Malaysia Ministry of Health through the national electronic communicable disease notification system [Communicable Diseases Control Information System (CDCIS) E-Notification Version 2011.1], and 2) the vaccine refusal registry from the Maternal and Child Health (MCH) Unit database governed by the Child Division of Terengganu State Health Terengganu Department. The State Health Department notified and registered both types of data from January to December 2016. We excluded missing coordinates and imported HFMD cases, such as cases that lived outside Terengganu.

The CDCIS system contains HFMD-related data and the coordinates that were referring to the residence of the cases and were geocoded during active case investigation. While the vaccine refusal cases were documented once the cases were reported from the health clinic or district health office by MCH Unit. Their residential addresses were geocoded during the routine immunisation schedule or home visit. Both the coordinates of the notified HFMD cases and vaccine refusal cases were converted into the format of the projected coordinate system; the Kertau Rectified Skewed Orthomorphic (RSO) Malaya (EPSG:3168). Apart from that, we also obtained the census tract derived from the latest nationwide census and contained the aggregated demographic data for the state and districts of Terengganu (DOSM, 2019).

2.3 Statistical Analysis

We estimated the overall prevalence of HFMD cases in Terengganu 2016 by dividing the total number of confirmed HFMD cases by the total population size of the Terengganu. First, data of HFMD cases in the Microsoft Excel format were converted into the ESRI shapefile (.shp) format using Quantum Geographic Information System (QGIS) (Lacaze et al., 2018). Then, we calculated the prevalence according to sex, age, and district. Subsequently, we performed a spatial distribution analysis using QGIS for heat map analysis, a graphical representation of point data showing different colours to represent

areas with varying concentrations of points and trends (Yeap and Uy, 2014). Next, we used the point pattern analysis to examine the spatial spread (clustered, dispersed, or random) based on the Nearest Neighbour Index (NNI) analysis (Lai et al., 2008). The NNI measures the spatial distribution from zero (clustered pattern) to one (randomly dispersed pattern) to 2.15 (regularly dispersed /uniform pattern) (Lai et al., 2008). The spatial relationship between the HFMD and vaccine refusal cases was assessed using Ripley's K-function (a.k.a cross K-function) analysis from the 'spastat' package in R Software Version 3.5.1 (Baddeley and Turner, 2005 and Core and Team, 2013). The Kfunction was calculated in a bivariate form between both cases and counted the number of neighbouring HFMD cases found within a given distance of each vaccine refusal case. Then, the significant level of the function was compared to a confidence limit for random distribution created using Monte Carlo simulations. The upper and lower bounds of these permutations were plotted together with the observed difference function. Any deviation above the envelope formed by the upper and lower bounds indicates significant clustering of cases relative to non-cases/controls (referring to vaccine refusal cases) (Lawson, 2018).

3. Results

We obtained records from 811 HFMD notified cases to the CDCIS in 2016. The mean and standard

deviation (SD) ages of HFMD were 2.48, 3.36 years, respectively. Table 1 showed the characteristics of the study subjects, the distributions of HFMD cases based on sex, age categories, and district, with the corresponding prevalence rate per 100,000 populations. Almost all patients were from the Malay population with 97.6% (792/811), while 2.4% (19/811) were from Chinese, and (1.6%, 13/811) from Indian ethnic groups. In Figure 1, we showed the age distribution of HFMD cases, wherein the highest age group contributing was oneyears (34.2%, 277/811), and the percentage decreases with the increment of age until the age of 15 years. The cases aged less than one year were 8.8% (71/811) of the total notified cases in 2016. The majority of HFMD cases, 89.6% (727/811), were classified as single/sporadic cases, and only 10.4% (84/811) were classified as clusters or outbreaks in Terengganu. A similar trend was found for both single and cluster cases across the epidemiological week in 2016.

3.1 Geographical Distribution of HFMD Cases and Vaccine Refusal Cases in Terengganu

Based on the distribution pattern (see Figure 2), it was shown that HFMD cases were located in the central region or urban area of every district, including Kuala Terengganu, Marang, and Dungun. However, in Setiu, Hulu Terengganu, part of Dungun, and Kemaman, the HFMD cases also were randomly distributed over the district region.

Variables	n (%)	Prevalence*	Total Population	
Overall	811	80.2	1,011,363	
Sex				
Male	460 (56.7)	89.2	515,579	
Female	351 (43.3)	70.8	495,784	
Age-groups				
0-4 years	724 (89.3)	760.6	95,189	
5 – 9 years	73 (9.0)	63.7	114,528	
10 – 14 years	14 (1.7)	12.0	116,803	
Districts				
Besut	72 (8.9)	52.7	136,563	
Dungun	117 (14.4)	78.1	149,851	
Hulu Terengganu	59 (7.3)	83.3	70,800	
Kemaman	32 (3.9)	19.2	166,750	
K.Terengganu / K. Nerus	276 (34.0)	81.8	337,553	
Marang	129 (15.9)	135.4	95,283	
Setiu	126 (15.5)	230.9	54,563	

Table 1: The overall, age-specific, sex-specific, and district-specific prevalence of HFMD cases



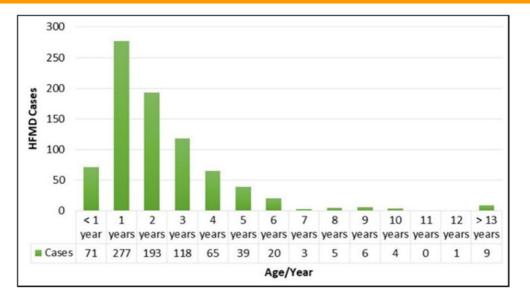


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Figure 1: Distributions of HFMD cases in Terengganu in 2016 by age

Figure 2: Geographical distribution of HFMD cases in Terengganu

There were 281 vaccine refusal cases registered in Terengganu for the year 2016. The highest prevalence of vaccine refusal was in Kuala Terengganu (26.7%, 75/281), followed by Dungun (17.8%, 50/281), Kemaman (16%, 45/281), Marang

(13.2%, 37/281), and Kuala Nerus (12.8%, 36/281). Other districts were contributing to less than 10% of the total vaccine refusal cases – Hulu Terengganu district (7.5%, 21/281), Setiu district (3.9%, 11/281), and Besut district (2.1%, 6/281). Figure 3 showed

the geographical distribution pattern of the vaccine refusal cases, wherein the cases were primarily concentrated over the high-density population areas, such as in Kuala Terengganu, Marang, Dungun, and Kemaman. The cases appeared to concentrate in the central region or urban area. However, in Besut and Setiu, the distribution was less centralised and randomly located all over the district region.

3.2 The Cluster of HFMD and Vaccine Refusal Cases in Terengganu

The NNI value for HFMD cases was 0.27 indicated clusters among the cases, which can be due to the large population density in those areas rather than the actual infection dynamics. The vaccine refusal cases also formed clusters among the cases with NNI value of 0.23. The smaller the value of NNI, the more significant the clusters would be. Table 2 showed that both the results were significant with a p-value < 0.01.

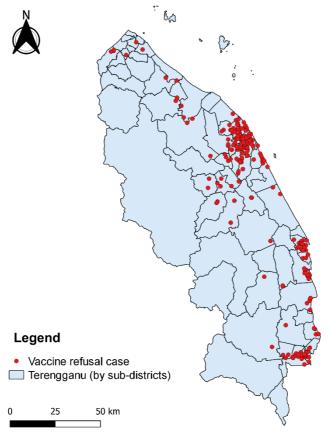


Figure 3: Geographical distribution of vaccine refusal cases in Terengganu

Variable	n	Observed	Expected	NNI	z score	<i>p</i> -value*
		Mean Distance		1 (1 (1	1 50010	P · mae
HFMD	811	691.23	2695.04	0.27	-40.51	< 0.01
Vaccine Refusal	281	979.26	4237.35	0.23	-24.66	< 0.01

Table 2: Nearest Neighbouring Inde			1	· •
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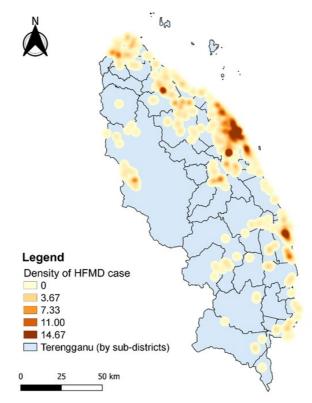


Figure 4: Geographical Density of HFMD cases in Terengganu

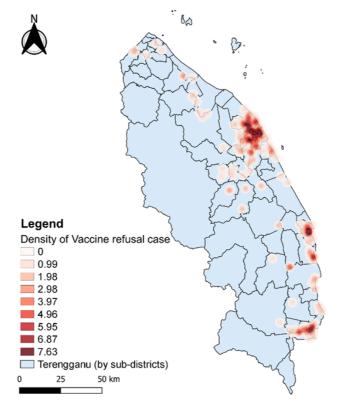


Figure 5: Geographical density of vaccine refusal cases in Terengganu

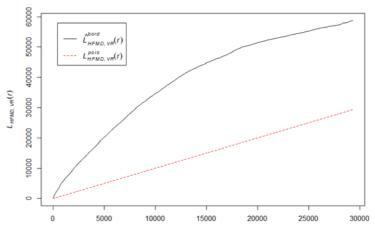


Figure 6: Cross K-Function of HFMD and vaccine refusal cases

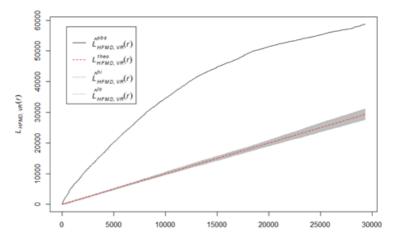


Figure 7: Envelope Cross K-Function of HFMD and vaccine refusal cases (using Monte Carlo simulation)

3.3 *The Density of HFMD and Vaccine Refusal Cases in Terengganu*

The heat map analysis of HFMD and vaccine refusal cases are shown in Figure 4 and Figure 5, respectively. Dark brown and red areas in Figure 4 and Figure 5 showed the highest density and hot spot areas of cases per three-kilometer radius, followed by lighter colours. There were three prominent hotspots of HFMD cases in Terengganu, specifically in Kuala Terengganu, Marang and Dungun.

3.4 The Spatial Relationship between HFMD Cases and Vaccine Refusal Cases

The observed cross Ripley's K-function (straight line) and the theoretical Poisson K-function (red dashed line) shown in Figure 6 demonstrated that both the HFMD and vaccine refusal cases were clustered together. An observed cross K-curve was plotted well above the theoretical K-curve, indicating that HFMD cases cluster around vaccine refusal cases. The Monte Carlo simulation of random labelling of events is illustrated in Figure 7. The observed cross K-function was in a straight curve, and the grey zone area represented the confidence envelope. The cross K-function (between HFMD and vaccine refusal cases) revealed an interaction between both cases as the observed curve is above the Poisson curve (what would be expected under randomness). It means that the HFMD cases stayed closely to vaccine refusal cases under the complete spatial randomness. Hence, the hypothesis of complete spatial randomness of HFMD and vaccine refusal cases was rejected. Data also revealed significant clustering evidence of vaccine refusal cases around the HFMD cases.

4. Discussion

The overall prevalence of HFMD in Terengganu showed a 17.3% increment in cases compared to the previous year (2015), which recorded 68.4 per 100,000 population. However, our estimate was lower than the 2016 national estimate at 148.5 cases per 100,000 population (MOH, 2018).

Furthermore, the sex-specific prevalence in our study is similar to findings reported by prior studies (Ang et al., 2009 and Wang et al., 2013). However, some areas remain unclear whether the susceptibility attributes to the sex-related difference in HFMD specifically at the host genetic level (Chang et al., 2012). The role of sex hormones in regulating the immune system (Falagas *et* al., 2007), and the socio-cultural value where parents were paying more attention to a male child than a female child (Wang et al., 2013).

This study revealed that HFMD cases predominantly infected children aged below five years, with cases from the one-year-old age group having the highest age-specific prevalence. HFMD prevalence decreased with increasing age.

These findings are consistent with those reporting that children less than five years had the highest risk for HFMD infection (Hooi et al., 2002, Ang et al., 2009, NikNadia et al., 2016 and Huang et al., 2018). This could be due to several factors include the decline of the maternally derived antibodies leading to a lack of protective immunity and an increasing number of childcare centres in Malaysia (including Terengganu), as documented in the Malaysian Early Childhood Care and Education Policy Review 2008. It was reported that the number of pre-school centers increased from 17% to 29% for each year from 2003 to 2009 (Curriculum Development Center Ministry of Education Malaysia, 2008). As a result, more children congregate inside limited spaces, providing environments with a higher risk of rapid circulation of the virus along with a higher risk of transmission to their family members and the rest of the population (Deng et al., 2011).

This study showed that HFMD cases were primarily concentrated in each district's central region (urban areas) in Terengganu, except for Besut and Kemaman districts. This finding aligned with the previous study conducted in Sarawak, wherein most HFMD cases stayed in more urban divisions (Kuching, Sibu, and Miri) than the rural divisions (Noraishah and Krishnarajah, 2016). The apparent high density of HFMD cases in towns seems to be attributed to the nature of disease transmission, in which HFMD spread mainly through the faecal-oral route and respiratory droplets; body excreta including saliva, sputum, nasal discharge, and faeces (Chang et al., 2004). The transmission rate increases in crowded and high concentration populations, especially involving infants and children in school and childcare centres (Hu et al., 2012). A study conducted in China reported that child-population density alone could explain 56% of the variance of HFMD incidence compared to climate factors which

explained about 52% (Hu et al., 2012). Therefore, for HFMD disease prevention and control, children, parents, health care workers shall be particular about hand hygiene and regular sanitation of the premises (Chang et al., 2011).

Besides, the vaccine refusal cases in Terengganu in 2016 were closely distributed to the HFMD cases. The cases were mainly concentrated in the highdensity population areas such as urban areas. Furthermore, parents who refused vaccines were mostly from Malay ethnic groups (Lim et al., 2016). Most of them came from the low socio-economic group, having secondary-level education, and did not trust vaccines as protective (Lim et al., 2016 and Ahmad et al., 2017).

A study conducted in Michigan showed the clustering of non-medical exemption to immunisation was associated with high population density, the proportion of racial/ethnic minorities in a census tract, the proportion of children aged less than five years, and mean family size (Omer et al., 2008). At the same time, other literature suggested that the cause for vaccination refusal depends on multiple factors, including cultural, emotional, religious, and social issues (Barbacariu, 2014).

Current findings highlighted the threat from inadequate immunisation coverage in Malaysia (Lim et al., 2017) and the need for a national electronic database that records childhood immunisation to facilitate vaccination tracking (Ahmed et al., 2018). This study has been used the use of state-wide data and with the application of extensive spatial analysis on HFMD and vaccine refusal cases. Collectively, our results appeared consistent with other international studies (Ang et al., 2009, Wang et al., 2013, NikNadia et al., 2016 and Huang et al., 2018).

However, the extent to which vaccine refusal contributing to HFMD infections is unknown. It is essential to highlight that vaccine refusal events were proven to cause the vaccine-preventable disease cluster and exposed the young children at increased risk for illness and death related to infectious disease (Omer et al., 2009). The application of spatio-temporal analysis and GIS in investigating communicable diseases has provided additional insight for public health physicians to formulate effective strategies in the prevention and control of HFMD. They can do that by considering these parameters: 1) density of population, 2) identification of a disease cluster, 3) the number of child care centres, in particular those overcrowded ones, and 4) presence of vaccine refusal events in that area (Safian et al., 2008 and Samphutthanon et al., 2014).

5. Conclusion

HFMD cases were geographically spread over the Terengganu region and primarily concentrated in the high-density population areas, such as Kuala Terengganu, Marang, and Dungun. The locations of HFMD cases in Terengganu were statistically related to the areas of the vaccine refusal cases. These findings are valuable in assisting the public health personnel in controlling and preventing infectious disease and vaccine-related disease.

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