A FIELD GUIDEfor matt ceolin

| Common names | Unable to sleep. Trouble falling asleep. Asleep. Dreaming. <br> Disturbed sleep. Waking up. |
| :--- | :--- |
| Taxonomic names | Insomnia. Dyssomnia. NREM. REM. Parasomnia. <br> Arousal. |
| Size | Wide. |
| Habitat | On the floor of clover and lucerne fields near orchards and <br> sallows, willows and woodsheds. In attic beds and chairs <br> next to communal webs. On ground covered in bramble, <br> raspberry, rocks. |
| Collection | Polysomnography and paragraphs. |
| Range | Almost all night; often migrates. |
| Similar species | Somnopterist. |

Description a vocalized or unvocalized inhale on " $a$ "
hoosh ha vocalized or unvocalized exhale on "hoosh" and "ha" fl pronounced on unvocalized exhale, may be done in rapid succession lu pronounced on unvocalized inhale or exhale, may be done in rapid succession
ch pronounced on unvocalized exhale, succeeded by sharp intake of breath (or sucking in of spittle) ending in an abrupt plosive ft.mp pronounced "ft" on unvocalized exhale, pause, "mp" pronounced as vocalized swallow
$\mathbf{x}$ pronounced as "ks," with the " $s$ " ending in an abrupt plosive $y$ pronounced as "ee," with the " $e$ " ending in an abrupt plosive z pronounced as " $z$," with the " $z$ " ending in an abrupt plosive vt pronounced on vocalized exhale, short and powerful explosions of air tadra uh tadra tadra pronounced as vocalized exhale, unvocalized inhale, unvocalized exhale; almost an alveolar trill and as rapid as that tup pronounced on unvocalized exhale, extremely rapid like a high hat rOro pronounced as low growl on drawn-out vocalized inhale, ending with a quickly punctuated high note

## MIL

for alixandra bamford

To awake in dregs. To sleep-awake in pools of glass. Our body epilepses. Body in wings. Wings in fright. Think slip. Think of a 'scape. And then
take a glass of water to bed. In the water: Pyralid eggs. Glass drops. Take another glass of water to bed. In the water: shards, punctured legs. Think water. Think to sip. Our body falls. Think to spit
a flurry of nightliving or think to grind myths into pulp: into water: into eggs: into bed. Cocoon in a cocoon. Roll over
nightfuls of teething. Chip enamel into words. Penetrate silk, wool with steel. No more. Then spit like split like our body thrust against a wall, a tooth, a moth with barbed spines. No more. Not like that at all. No more. Like macadamia oil and handfuls of Bogong moths. Mortar and pestle. Grind moths with powdered milk. No more. Drink water. No more. Drink to spit
night. Bed of larva and larva. Bed of glass. Is a cage where moths sleep. We are blurred in the same grave We collect surreal with smoke and steel wool We label rows on rows of embroidered stolen bodies This bed husked with mouth. The cage bled.

## CHRYSALISTALIZATION : <br> HYPERHYPNOTRANSLATION <br> for lori nancy kalamanski

Hypnothrum of nightwords on lips, lips on thighs, legs twitch.

## 29netherrealm

Deforms of sleep click of a switch sleep. Are we rounded or inhaling to sleep? Do we tail off the hindwing? Count eggs to uncontrol. Count morphemes epsy epil narcol disp. Are our edges with ropped isturbed angled sleed? Hypnagogia descension.noise agognee dena? deruid po tiw sero ra. sidloc lippem pruot. nuos oc? niwila wo? elsot linre ra. elsiw fo els fo smod
mlaerrehten\#\#

## 37ether

Cryptic promin irregular nustle bodies nustle twisted, dead leaves eschen bodies left eschen flattened bodies for the purpose of nustle being left cataplectic istle purposefully collapsed bodies istle immobility nustle camou.nowac eltsnu htilipowwi eltsi seiqop qesballoc hllnfesobrnb eltsi citcelbatac tfel guiep eltsnu fo esobrub eyt rof seiqop qeuettalf ueycse tfel seiqop nehcse senael qaeq 'qetsimt eltsnu seiqop eltsnu ralngerri uiworb citbhrC
reyte\#\#

## 537neon

Colortango. Bandoneon. Love-heat. Almosst ( )lit. Velvet. Drunk, so drunk off rotten fruit couldn't wake. No one, take two. A one a two. Slow slow quick quick slow and very slow appendages verge on pale green, goldenspot. Body. Os and Ds. A rip a run, body outside body. Humid-thick. Thirst. Consume. Ocho. rigt dim obedi tuo nur pira ... opsne gnee gela noe ... rev segapa wols rev nawols ciu ... ciu swolsowt aenoa eka tenoone ti, ti ur tor foknur ... osk nur tegt sumk, nur tevlev il...somlatsae hevol noene na...
trolo noen\#\#\#

## SOMNOPTERA for ciara adams

## parasomnaria

Hypnavocable. Trail NREM2: const rumble breath, sonar pulse. Revere NREM3: the light eye-see. Patterned d breath. Well underwater, echolake. Reverb, shiver, warmed flight muscle. Solitary NREM4 lift-off with dotted trail in wake. Sound. Mim NREM3 mimicry. This is important work done. Abbereverie. Polar voice NREM2. Solace omni. Heavily furred. REM. Sea-moth percheron-moth mother. REM. Stable. REM. Ss curve, body. REM. Enemy bird dies irae lepid ergo optera

## aria

Sortled trail. Insidious cross-section. Brain mapped on wing. Pins in brain if possible. Triumph, triharrumph. Ptych. Three dead white ipitous answer isper see noth

## aria

Argol efflur eremia. See this air in dire flux. Sooner fit or flatter. Flit or fatter. Father moth. The letter slip. Intrinsic ophtham. See eye or silver-spotted swift. See mix of air and light. Never see

## aria

Habit of holding the shoulder blades as wings over the back when at rest : Predatory mime def breath mech stop. is not dead. Utter home, some, two-tone deaf-armed, timbal organ, sonic gossamer : afling aflong uh uh uh uh uh semindanster ark wuh wuh wuh wuh arkholin pankh'ree ow tolen mung : a c a a who for a how

## somniloquy

Souls flutter ablove the bled.

# DON'T SAY THE YOU THE YOU THE YOU SAY THE WE for alexis milligan 

There are stories to tell. Each voice streams. Silent voices cloud. Monarchs politic our bodies, form code, we hone code, we home.

We are We are our are us.
We run, our body ups and runs, lanterns a path, pubicthick, undergrown, vaginal orchids hung and damp. Trips. Chips enamel into words. Lanterns rows on rows of tattooed stolen bodies.

Our us.
Spit like split like a collector thrust against a wall, a tooth, or a moth with barbed spines. Pins through epidermis, vulva, uvula. Bodies inside body, arms fold over as wings.

Or.
Peel off antenna. The other. Rip wing into eighths. Slice abdomen. Sprinkle bits of wing over carcass. Insert antennae into abdomen.

Yes.

