

# [WHAT IF EVERY MOVE YOU MADE COULD HEAL YOU]

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*after Randy Reyes*

[LICK PALMS, TOUCH PITS]  
[FIND DESIRE TO NOT LISTEN TO WHITE VOICES]  
[INHALE BACK TO THE MEADOW OF YOUR ANCESTORS]  
[EXHALE UNTIL YOUR BREATH BELONGS TO YOU]

you are not from here  
you arrived here  
your body is a meteor  
you are half asleep & learning your mothers  
are orbiting a nightmare

you are an arrow pointing back  
towards so many ends  
you are okay & not okay

[HEAR A HEART IN AN OCEAN'S CHEST]  
[PULL THE MOON TO THE CRACK ON YOUR BIRTH DOOR]  
[GROAN, YOU ARE FALLING TO EARTH]

you find a skin of calmness to stretch over lovers  
that you are without home is an illusion  
again: you are not from here you arrived here  
your body is a meteor, your breath is a resistance

[PRESS GREEN LIGHT TO YOUR KIDNEYS]  
[LET THE FULL WEIGHT OF YOUR HEAD FALL TO MY HANDS]  
[WHISPER I LUV U & GO CHECK YOUR G-MAIL AGAIN]  
[SUCK AIR THRU YOUR TEETH, THERE'S BLOOD THERE]