
This self-published overview of the curricular elements of CPE training was inspired by the author’s qualitative dissertation research and her own experiences as a certified educator. Much of the book covers general pedagogical aspects of CPE, with some mention of themes derived from research on students’ experiences in a one-unit CPE program conducted in the West Indies. Although the themes listed are quite compelling, they are mentioned only briefly. As a self-published book, there were inconsistencies in style and formatting. Nonetheless, audiences curious about or contemplating CPE might benefit from this peek inside the process of CPE.

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