As I mentioned to you before, my daughters Claudia (21) and Carolina (19) frequently supply me with literature; sometimes good, sometimes bad but always surprising books and texts. And I love that. Keeps me contemporary.

Recently, I received the mission of reading a popular scientific book about accessible answers on the big-bang theory, geological era, tectonic plates, evolution of the species and other questions given by this brilliant Anglo-American journalist/writer Bill Bryson.

The book is called *A short history of nearly everything* and I recommend it to you, if you are interested in short and interesting perspectives to complex questions regarding our existence in this planet.

This is a 500 plus pages book with many interesting topics. However, one interesting part of this book to me (one paragraph, I might say), was one calling the readers attention to the mean life span in hours that a long-living human lasts: 650,000 hours! Wow!

Have you ever wondered how limited is our time here in this life?

We are so busy in our daily activities, that sometimes we miss important things in our limited life span.

What have we done with your 650,000 hours of life? Time to think and meditate about it…

Meanwhile, if you are reading this short editorial, well, congratulations, you made it until here but the clock is ticking!

Enjoy both your time in this life and this exceptional VPA issue!

Best,

Paulo (475,200 hours, so far – trying to accomplish something in this life…)

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Reference