CHANGE THROUGH PRACTICE DEVELOPMENT

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In 2013 a Care Coordination process espousing the Excellence philosophy of person centred care was developed collaboratively by the clinicians of Psychiatric Rehabilitation Services (PRS) at Morisset Hospital. The aim of this process was to provide a structure which supported a true partnership between clinicians and consumers in the development of the consumer treatment plans and promote a recovery focused culture amongst consumers and clinicians alike.

In 2008 Kim Manley advised that we can “….capture the salient aspects of helping others to learn in and from practice through using workplace activity as the central resource for learning.”

The implementation of this process presented the opportunity to look beyond the “steps” and the “paperwork” to the true meaning behind our work in the role of mental health clinician.

An individual education package was developed which gave each clinician an opportunity to see beyond the business of their job and re/connect to their professional identity with passion and enthusiasm. It also became an effective approach to measuring progress and provided an effective feedback mechanism for identifying barriers and solutions.

By using a practice development approach to the implementation of the Care Coordination process, mental health nurses from PRS Morisset Hospital have been given the opportunity to reflect on their current practice and re/develop skills necessary for recovery focused practice. This has resulted in an increasing openness and acceptance of change, a shared vision of a recovery approach to practice and a true collaboration between care coordinators and consumers in working on their mental health recovery.

References