NOT NEW BUT LIKE NEW

S Baillie\textsuperscript{1}
\textsuperscript{1}Kaleidoscope Rehabilitation Service
Children, Young People and Families Community Services Newcastle

The Kaleidoscope Paediatric Rehabilitation Service provides a multi-disciplinary service to children and families accessing a Paediatric Outpatient Rehabilitation Clinic providing Botulinum toxin injections under Nitrous oxide sedation. What started out as a way of assisting families to transition to a new service; has now become standard practice for all families in our Local Health District.

Our 3 year journey has led to greater efficiencies in service delivery and throughput by:

\begin{itemize}
\item eliminating the need for hospital admissions;
\item improving service liaison with all providers and greater communication with community therapists; and
\item providing an opportunity for skill development for nursing and medical staff.
\end{itemize}

We have highlighted the advantages of sedation protocols with:

\begin{itemize}
\item nil adverse or sentinel events reported;
\item decreased burden on operating theatres schedules and resources; and
\item quicker recovery and discharge for patients.
\end{itemize}

In addition the psychosocial input in the Kaleidoscope Paediatric Rehabilitation Service Botulinum Toxin Clinic has helped children, families and staff. Families and staff have, anecdotally, reported improvements in the quality of service provided by the clinic.

These improvements include:

\begin{itemize}
\item less disruption to the family routine;
\item parents being able accompany child throughout procedure; and
\item psycho- social preparation being individualised to the specific child with strategies that can include: a preparatory phone call to outline the procedure, a sequence of events visual schedule, distraction techniques and resources, a clear role for the parent during the procedure and a follow up phone call.
\end{itemize}

Feedback is documented in the child’s file and the team reminded of any changes to the child’s management at next toxin appointment. This feedback has helped determine service development processes that have led to an efficient service delivery in a family focussed clinic.